



TUESDAY 11 NOVEMBER 2025
November is Rotary Foundation Month

106

The Chaka

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Today's Speakers for World Diabetes Week



Dr Satyam Chakraborty **Topic : Diabetes beyond Medications**

Senior Consultant Endocrinologist at HP GHOSH Hospital & Fortis Hospitals and Consultant Endocrinologist, Diabetologist & Metabolic Health Expert. Dr Chakraborty is a Don Bosco & Ramkrishna Mission alumnus. He has more than 15 publications in Indexed Peer Reviewed Journals and is an author of book chapters in Endocrinology textbooks. Dr Chakraborty discovered the "Dome Sign" in Pituitary gland saving adolescent girls from unnecessary Neuro-Surgical Interventions.

Rotary
Club of Calcutta



**UNITE
FOR
GOOD**



Rtn Dr. Abhijit Chattopadhyay **Topic : Diabetic Retinopathy**

Rtn Dr Abhijit is MBBS, MS, FVRS (Aravind Eye Hospital, Coimbatore), Former Consultant, Aravind Eye Hospital, Coimbatore and SENIOR CONSULTANT, Dept. Vitreous, Retina & Uvea, PRIYAMVADA BIRLA ARAVIND EYE HOSPITAL, Kolkata. Dr Chattopadhyay has a special interest in ROP and Paediatric Retina. He has mentored in ROP in Ankara and Bangladesh. He is life member of AIOS, VRSI, IROP society, EURETINA and European Vitreo-Retinal Society.

Project Report : SPEAK – Public Speaking & Communication Crash Course

Organised by : Rotary Club of Calcutta, Basic Education and Literacy Committee

In Association With : Musicea Arts and Culture Council

Project Duration : August to November 2025

Final Completion Date : 6th November 2025

Objective

To enhance communication skills and confidence among vernacular school students through interactive sessions in English and Bengali, focusing on articulation, expression, and public speaking.

Participants

- **Total Students : 55**
- **Schools Involved :**
 - Bijoygarh Vidyapith High School for Boys
 - Jadavpur Baghajatin High School for Boys
 - Jadavpur High School

Session Highlights

- Writing and speaking exercises on topics : *Myself, My Possession, My Memorable Day, My Best Friend*
- Word Chain Game to build vocabulary
- Story Reading with emphasis on expression and comprehension
- Training in body posture, pronunciation, grammar, and articulation
- Group debates on *The Importance of TV/Mobile vs The Importance of Books*
- Students actively participated in both languages, showcasing improved confidence and clarity

We Meet Every Tuesday At 1 p.m. At ROTARY SADAN
rccalcutta.rotaryindia.org
E-mail: rccal106@gmail.com



Members Present

- Rtn Surendranath Majumdar
- Rtn Tapas Kumar Dey
- Rtn Ruchika Majumdar

Outcomes

- Noticeable improvement in student communication and engagement
- Monthly individual school visits conducted for guidance and mentoring
- Final evaluations completed during school visits in October and early November
- Certificates distributed to all participants on 4th and 6th November 2025
- Strong interest from school principals to continue and expand the initiative.

Report by Rtn Ruchika Majumdar



Health and Blood test camp at RCC Stars Welfare



The camp was held on 5th November, 2025. There were two Doctors and two assistants who checked the children and some adults. Prescriptions were given to those who required them. There were approximately 75 children between the age groups of 4 to 16 years. There were 25 plus adults from 18 to 65 years of age.

This time as per request from the nearby community, we organised blood tests for the interested persons who needed to know their Blood Group.

The children and their parents were extremely happy and grateful for this camp which was much needed.

I thank President Rtn Debnath Chattopadhyay, and Hony. Secretary Rtn Ashok Kr Basu, for being there through out the entire time and their encouragement to the children. I also thank Mrs Yasmin, and the teachers of Stars Welfare for Co-ordinating and supervising the 100 plus people on that day.

The Doctors were arranged by our Rtn Dr. Sukalyan Purkayasta for which we are very thankful. Over all it was a low cost and high impact project for that community and our club.

Report by : Rtn Udit Mitra

Chair, RCC & Community Service Committee



Interact Club Activity Report of Delhi Public School, Howrah - October 2025



STEAM FAIR : The Interact Club of Delhi Public School, Howrah, successfully organized an engaging and educational STEAM FAIR, celebrating the spirit of innovation and inquiry among students from Classes VI to XII. The event aimed to foster curiosity, creativity, and critical thinking by integrating the disciplines of Science, Technology, Engineering, Arts, and Mathematics (STEAM). Students enthusiastically showcased a wide range of science experiments, demonstrating practical applications of scientific principles and innovative ideas. The mathematics section featured creative and interactive math-related games, quizzes, and even math-based sports activities that encouraged teamwork, logical reasoning, and problem-solving in a fun and competitive environment. Overall, the STEAM FAIR was a vibrant success, leaving both participants and visitors inspired to explore the endless possibilities of science and mathematics beyond the classroom.



DPSH INTRA MUN : The Interact Club successfully organized the Intra Model United Nations (MUN) conference, providing an engaging platform for students from Classes VII to XII to explore diplomacy, debate, and global issues. The event witnessed enthusiastic participation from young delegates who represented various nations and political figures across four distinguished committees — the United Nations Security Council (UNSC), Churchill's War Cabinet, All India Political Parties Meet (AIPPM), and the International Press Corps (IPC). Each committee simulated real-world discussions, encouraging students to research, analyze, and articulate their perspectives on pressing international and national matters. Delegates showcased commendable communication, negotiation, and leadership skills throughout the sessions. The Intra MUN served as an enriching experience for all participants, fostering confidence, teamwork, and a deeper understanding of global governance and policy-making. The event concluded on a high note with the acknowledgment of the best-performing delegates and a renewed enthusiasm among students to engage in future MUNs at both intra- and inter-school levels.

Spreading Smiles Through Giving — Daan Utsav Celebration : The Interact Club held a successful collection drive for Daan Utsav (Joy of Giving Week) with the NGO Goonj. The goal of the drive was to teach students the value of empathy, generosity, and social responsibility. The entire school community, students, parents, and staff donated essential items like clothes, stationery, food, and household goods. The donations were collected, sorted, and given to Goonj for distribution to families and communities in need. This initiative was a powerful learning experience that helped students realize how even small acts of kindness can create big, meaningful change. More than just collecting items, the event emphasized sharing, compassion, and community spirit. The huge

success showed the school's commitment to developing socially aware and emotionally intelligent students, spreading a lasting message of unity and kindness.

Sociovity 2025: Hand in Hand with Our Helpers : Celebrating Empathy, Gratitude, and Togetherness. The Interact Club celebrated



"Sociovity 2025 – Hand in Hand with Our Helpers" to show appreciation for the school's support staff (Didis and Bhaiyas) as Diwali approached. The students took complete charge of the heartfelt event, collecting funds through daily chores and handling all the planning and execution. This self-initiated effort taught them about respect, dignity of labour, and social responsibility. A key part of the



celebration was the distribution of thoughtful Diwali hampers, which were packaged creatively in recycled newspaper bags. Pre-primary students added charm with a cheerful skit. The initiative successfully captured the true spirit of Diwali, the joy of giving, caring, and sharing, strengthening the bond between students and staff and shining a light on empathy and gratitude within the community.



Report of the Orientation Program of the Each To Teach Mentorship Project



The Youth Service, Tech Knowledge Committee, in collaboration with The Education Trust and Pathanam has initiated a 6-month educational mentorship program, "Each To Teach", designed to address the rural-urban education gap. The initiative plans to connect 100 high-school student mentors from urban Interact Club schools with 100 rural primary school children through a dedicated Learning Management System (LMS), a web-based teaching-learning portal. The mentorship model involves one-to-one virtual teaching between the urban student mentors and their rural mentees. The program is structured over six months, comprising 48 sessions (two sessions per week, 60 minutes each, with flexible timing). The core objectives include providing academic support and digital fluency for the rural learners, while simultaneously encouraging leadership and empathy development among the urban mentors.

To prepare the urban student mentors, an on-campus orientation/training program was conducted across five Interact Club schools: Asian International School, DPS Howrah, Silver Point, Mahadevi Birla World Academy, and Vidyanjali International School. These sessions took place on October 24, 28, 29, and 30, 2025, respectively. The training aimed to familiarise the student mentors with the program's objectives, structure, and, crucially, the use and understanding of the technological framework of the LMS. Sujoy



Majumdar, founder of Pathanam, led the training, explaining the benefits and significance of the mentorship program and demonstrating how to effectively use the web-based teaching- learning portal. A promising number of students, along with their parents, attended the orientation sessions across all five schools. With the completion of the orientation program, the "Each To Teach" mentorship project will officially launch. This launch will enable the online connection of the urban student mentors and the rural mentees, with Rotarians present across different locations to oversee and facilitate the project.

Report by Youth Chair Rtn Dr Saswati Mukherjee

REPORTING & ANNOUNCEMENTS



ONE WORLD

We remember with good wishes Rotary Club of Calcutta Sundarbans, India, R. I. Dist. 3291.

Birthday

Kuldip Nayar 14th November
Dr. Koel Roychowdhury 16th November
Vikram Aditya Mody 17th November

Wish you many happy returns of the day

Celebrate your Joy and Happiness of Birthdays and Anniversaries - donate generously to the Rotary Foundation India and for Club Projects.

CONGRATULATIONS



Rtn. Raj Kumar Agrawal

As PP Rtn Kanak Dutt resigned from the post of Chairman, Rotary Children's Welfare Trust, PP Rtn. Raj Kumar Agrawal has been nominated as the Chairman of Rotary Children's Welfare Trust with effect from 27th October, 2025 for the Rotary year 2025-26.

Congratulations Rtn. Agarwal for the same.

NEXT MEETING

Next Regular Weekly Meeting of the Club on Tuesday, 18th November, 2025 at 1.30 p.m. / Lunch 12.30 p.m. at Rotary Sadan (2nd floor). (Closed Door Meeting for Nomination).

The next meeting of the Board of Directors will be held on Monday 24 November 2025, 6:30 pm, at Cozy Corner, Calcutta Club. Members of the Board may please note and attend on the day.

REPORTS

- R Anns Sanjukta Mitra and Meena Basu attended the medical camp in Stars with Udit, AB4 and President Debnath. Craved for a higher Rotarian presence - a very accessible location within Kolkata. Welcome sight disciplined children, a meaningful activity, exactly right in terms of time taken for everyone with short attention spans. More plans on the anvil here.
- Rtn. Pranab Sarkar conducted an Environment Awareness Programme for School Children will be conducted by at Vidyanjali School, Bhawanipur on 7th November. 50 Students and 3 Rotarians attended. More such programs are upcoming.
- Rtn Arindam Chair International and CSR conducted an activity under Bengal Beverages CSR - distribution of water filters to 70 schools on 9 November 2025 at Rotary Sadan. Given the scourge of disease attending on impure and polluted water, this is a godsend. Thank you, Bengal Beverages, Rtn Shiv Ratan Goenka, and the entire International and CSR team.

FORTHCOMING MEETINGS / EVENTS IN THE MONTH OF NOVEMBER, 2025

Day & Date	Programmes	Timing and Venue
Tuesday, 18th November, 2025	Regular Weekly Meeting (Closed Door Meeting for Nomination)	Rotary Sadan (2nd floor) 1.30 p.m. / Lunch 12.30 p.m.
Friday, 28th November, 2025	Regular Weekly Meeting Programme : "Antakshari"	Rotary Sadan (Ground floor) 6.30 p.m. / Followed by Fellowship and Dinner

"Annual Children's Treat will be held on 21 Dec 2025 (Sunday) at East Side Pavilion Nicco Park, Sector IV, Salt Lake. Kindly note for All - Day Participation.

MINUTES OF THE 5001st REGULAR WEEKLY MEETING HELD ON 4th NOVEMBER, 2025 AT 1.30 P.M. AT ROTARY SADAN

1. President Rtn. Dr. Debnath Chattopadhyay welcomed all Members and Guests and called the 5001st Regular Weekly Meeting of the Club to order.
2. National Anthem was led by Rtn. Hirak Ray.
3. Minutes of the 5000th Regular Weekly meeting of the Club held on 4th November, 2025 were confirmed.
4. On behalf of the Club, President welcomed Mr. Indranil Halder, Corporate Consultant, Influencer, Global Heritage Tourist, Writer, and video Producer as the Chief Guest on that day and he would speak on "Murshidabad Unveiled".
5. President then welcomed Visiting Rotarians and Guests who attended the meeting.
6. **President reported the following :**
 - a) The Club celebrated its 5000th Regular Weekly Meeting on Saturday, 25th October 2025 at Rotary Sadan followed by Musical programme, fellowship, and dinner.
 - c) Environment Committee organised Tree Planting and Solar Lights installation at our RCC Bishnupur Uchal Probaho on Monday, 27th October, 2025.
 - d) Health Committee organised a Vaccination Camp on 28th October, 2025 at Rotary Sadan between 1 p.m. to 3 p.m.
7. **President announced the following :**

As PP Rtn Kanak Dutt resigned from the post of Chairman, Rotary Children's Welfare Trust, PP Rtn. Raj Kumar Agrawal has been nominated as the Chairman of Rotary Children's Welfare Trust with effect from 27th October, 2025 for the Rotary year 2025-26. Congratulations Rtn Raj Agarwal for the same.
8. At the request of the President, Hony. Secretary Rtn. Ashok Kumar Basu there after conducted the Club Business :
 - a) He welcomed all Members and Guests.
 - b) He then announced the names of Rotarians celebrating their Birthdays and Wedding Anniversaries for the week ending 10th November, 2025, wished them and also requested them to donate generously for the Rotary Foundation and the Club Projects.
 - c) The next Regular Weekly Meeting of the Club would be on Tuesday, 11th November, 2025 at 1.30 p.m. / Lunch 12.30 p.m. at Rotary Sadan (2nd floor). Topic – Diabetes Awareness and Management.
 - d) The Board at its meeting held on 27th October, 2025 accepted the resignations of Rotarians Rtn. Deepak Kumar Khemka and Rtn. Dr. Tandra Sarkar with effect from 28.10.2025.
 - e) A health checkup camp has been organised jointly by the Healthcare and Community Service Committees at Stars Welfare RCC on 5th November. Members were requested to contact Rtn Udit Mitra for the same.
 - f) Youth Service Committee's Each to Teach program is ongoing. The program is now in the training stage for the Mentors (the students of our Interact Schools) and the subsequent activity will commence very soon. Members were requested to contact Rtn Saswati Mukherjee for the same.
 - g) Literacy Committee's SPEAK Program is ongoing and will shortly complete the First Phase of 3 school coverage. Members were requested to contact Rtn Ruchika Mazumdar for the same.
 - h) A round of applause for Chairs Udit, Sukalyan, Saswati and Ruchika for the same.
 - i) Pranadhara 4, distribution of Water filters to 50 schools is in an advanced stage.
As is planning for the 100th Annual Children's Treat on 21 Dec. 2025, (please mark your diaries). A round of encouragement for Chairs Abhijit Kolay, Arindam, and their teams for a phenomenally successful closure.
 - j) World Diabetes Day is on 14 November 2025. 2 back-to-back programs are planned at New Town & Pathar Pratima. Details will be shared soon.
 - k) On 28 Oct., Chair Udit and Hony Secretary visited the WB Volunteers Association and NGO working with adolescent Children and Destitute Senior Citizens. It was a very fruitful meeting and we hope to collaborate soon in some areas.
 - l) We must also put our hands together in congratulations for the stupendous victory of the Indian Women's Cricket Team!!
 - m) Deepranjani Foundation has organised a 3-day seminar for Autistic Children on 13/14/15 November. We have part-sponsored a programme in one of the days of November at Ram Krishna Mission, Gol Park. Rtn. Sarvani Gooptu will be sharing all the details.
 - n) Environment Awareness Programme for School Children will be conducted by Rtn. Pranab Sarkar, Chair, Environment at Vidyanjali School, Bhawanipur on 7th November at 12 Noon.
9. At the request of the president, Rtn. Subha Pal introduced Chief Guest, Mr. Indranil Halder.
10. At the request of the President, Mr. Indranil Halder addressed the audience on "Murshidabad Unveiled."
11. Questions raised by the members were answered by the Chief Guest.
12. President on behalf of the Club proposed the Vote of Thanks.
13. On behalf of the Club, President handed over a memento and certificate to Mr. Indranil Halder.
14. Sunshine Box Collection Rs. 500/- with special contribution from Rtn. Brij Gopal Roy.
15. The Club remembered with good wishes Rotary Club of Calcutta Renaissance, India, R.I. Dist. 3291.
16. Meeting was adjourned at 2.25 p.m.

Dr. Debnath Chattopadhyay
President

Ashok Kumar Basu
Hony. Secretary